



Norwood Life Care
FOUNDATION

Review

FALL 2008

A PUBLICATION OF NORWOOD LIFE CARE FOUNDATION, NORWOOD CROSSING AND NORWOOD SENIORS NETWORK

The Sun Shines on the 112th Annual Picnic

Unlike last year, the rain was nowhere to be seen for the 112th Annual Picnic on Sunday August 17. It was all sun and smiles as residents, families and neighbors came to the grounds for good food and great fun. Nearly 500 people took part in this longstanding tradition. Neighbors and their children socialized with residents, family members, and others from the community.

For the first time, the picnic was free to all who attended in celebration of the long standing partnership between Norwood Crossing and the neighborhood. This year the picnic was held on the Norwood Crossing grounds between the Parsonage on Northcott

Avenue and the parking lot. In past years, the picnic was held on the grassy area near the corner of Avondale and Nina Avenues. That location is now the construction site for the state-of-the-art Assisted Living building.

Everyone enjoyed the all-American cookout food, as well as traditional Norwegian flotegrot and julekake. Face painting for kids, live entertainment, the sale of resident-made crafts, and a cash raffle completed the fun-filled afternoon. Congratulations to one long-time volunteer who walked away with the \$1000 split-the-pot raffle prize!

The earliest picnic was held in 1897 to celebrate the first anniversary of the purchase of the Norwood Park Hotel



Picnic goes enjoying the music, food and sunshine!

that became Norwood Park Home. It has been held every year since, bringing the community, family and friends together for good times, lively conversation and great food.

See you back again on August 16, 2009!

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CEO
Marcia Mahood

Executive Director
Laura Curley
773 - 577 - 5367
lcurley@norwoodlifecare.org

Development Coordinator
Bryan Manasse
773 - 577 - 5387
bmanasse@norwoodlifecare.org

About Norwood Life Care Foundation

Norwood Life Care Foundation is a not-for-profit organization dedicated to *Reshaping Aging*[™] since 1896. Norwood Life care Foundation focuses its efforts on “enhancing the independence and well-being of older adults” by supporting the very best in older adult services. We exist to serve our community through Norwood Crossing, our residential and health care campus, and Norwood Seniors Network, our community outreach program that provides in-home services and transportation.

A gift to Norwood Life Care Foundation can be directed many ways. A few examples are:

- Capital Building Fund
- Norwood Seniors Network
- Art Therapy
- Brain Fitness
- Quales/Hoiby Endowment
- Senior Fit
- Ohrstrom Norwegian Elder Fund
- You Choose!

For more information about making a gift, either immediate or deferred, contact the Foundation office. We will work with you to make sure your gift has the greatest impact on the lives of the people we serve.

Call 773-577-5390 or email,
lcurley@norwoodlifecare.org.

Judy Nelson Honored with Dr. Dolan Award

“The greatest satisfaction from volunteering at Norwood Crossing are the residents, touching people’s lives . . . with care and love,”

Norwood Crossing volunteer Judy Nelson was awarded the Dr. Larsandrew Dolan Award at the 2008 Benefit Gala. The award recognizes individuals for their outstanding service and dedication to Norwood Crossing (formerly Norwood Park Home).

“Judy embodies these attributes through her significant and longstanding commitment to the Home and the residents that we serve,” said Marcia Mahood, Norwood Life Care Foundation CEO. “She has been supporting our mission for over 40 years. We are honored to bestow this award upon her in celebration of her contributions and impact on so many lives.”

Judy’s long association with Norwood Crossing began with her grandparents who introduced her parents at one of the annual picnics. The couple married, and Judy, born several years later, was actually delivered by Dr. Larsandrew Dolan, the Home’s medical director at the time.

While no official records can be cited, it is quite likely that Judy is the first

Dr. Dolan award winner who was actually brought into this world by Dr. Dolan.

Years later, Dr. Dolan’s wife, Pauline, recruited Judy to volunteer in the Beauty Shop at Norwood Crossing. “She was having surgery and needed help,” said Nelson. “I agreed, but insisted she ‘better come back,’ and she did. We worked together until she left for Florida to live with her daughter”. Judy still visits Pauline in Florida, a friendship forged more than 40 years ago.

Raised in Edgebrook, Judy graduated from Taft High School. In her senior year, she was recruited by the F.B.I. for a secretarial position. “We had to pass tough tests and security background checks,” she recalled. “I worked there five years and left to marry and have a family.”

“My family has been very active in many roles of volunteering for this Home . . . where monies raised are all used by the Home to improve the life of the residents there now and in the



2008 Dr. Larsandrew Dolan Award winner Judy Nelson.

future. As we all advance in age, I can see that it is imperative to create a place for one to choose which will give you care for the rest of your life, independently. I hope that someday, should I live long enough, I will be a resident here and be the recipient of all the good things that are always being put in place to improve life in later years.”

“The greatest satisfaction from volunteering at Norwood Crossing are the residents, touching people’s lives . . . with care and love,” said Nelson.

Get to Know Norwood

Norwood Life Care Foundation, Norwood Crossing, and Norwood Seniors Network are pleased to announce an exciting addition to our programming. Family members, friends and community members are invited to attend one of our upcoming

informational sessions titled Knowing Norwood. On the third Thursday of every month we will meet with a group of interested individuals, take a short tour, and learn about the people and programs that make us the best.

If you, or someone you know, want to learn more, call the foundation offices to reserve your space at one of these sessions. (773-577-5387) Each event will begin promptly at 8am, and will end absolutely no later than 9am.

It takes just an hour, so come get to *Know Norwood*.

Due to extraordinary September rains, the 10th Annual Norwood Life Care Foundation Golf Outing was rescheduled to October 6. Watch for the report in the next Review.

Occupational Therapy Success

“We make a living by what we get, we make a life by what we give.”

~ SIR WINSTON CHURCHILL

Since the beginning, members of the community, local churches, service clubs, residents’ families and neighbors have been critical to the purpose and mission of our organization.

Volunteers help supplement staff’s efforts so that they can be even more

focused on the needs of our older adult community.

Today, we are blessed with a diversity of volunteers - young families and their children, older adults, and students. Some volunteer once a year, others are here every week. They come with many gifts and talents but what they all have in common is a willingness to make a difference.

Our volunteers undertake a wide variety of tasks: reading to residents, assisting with activities, delivering meals, helping in the office, delivering mail, staffing the gift shop or thrift store, and tending the gardens.

Volunteer opportunities are available every day. If you have a few hours to spare we welcome your interest. The process is easy. Contact the Foundation and speak with Bryan Manasse, Volunteer Coordinator. You will be required to complete a volunteer application form and attend an informal interview. Once the process is complete we will make every effort to match your interests, talents and time availability with an opportunity in the area of your choice.

bmanasse@norwoodlifecare.org
773-577-5387

Upcoming Events

As a supporter of the Norwood Life Care Foundation, all are welcome to visit the Norwood Crossing campus and drop by the Norwood Senior Network office any time.

OCTOBER

- 7th 11am Via Veneto*
- 9th 3pm Oktoberfest
- 12th 2:30pm Remembrance Service
- 16th 8am Knowing Norwood
- 21st 11am Charlie’s Charhouse*
- 27th 9:30am Cooking with Mike
- 30th 1pm Forest Preserve Outing
- 31st 2pm Halloween Party

NOVEMBER

- 2nd 2pm Fall Art Exhibit
- 10th 2:30pm Veterans Day Program
- 11th 11am Applebee’s*
- 20th 8am Knowing Norwood
- 24th 9:30 Cooking with Mike
- 25th 11am Red Lobster*

DECEMBER

- 2nd 11am The Great Escape*

- 16th 11am Greenhouse Inn*
 - 18th 8am Knowing Norwood
- *Norwood Seniors Network dining outings.
Call (773) 763-5673

WEEKLY EVENTS

- Monday**
 - 1:30pm Expressive Arts
 - 3pm Piano in the Lobby
 - 6:30pm Horse Racing
- Tuesday**
 - 10am Ceramics
 - 2pm Dice games and Scrabble
 - 6:15pm Drawing on Memories

- Wednesday**
 - 9:45am Shopping outing
 - 2pm Explore Art
 - 3pm Food Forum
 - 6:15pm Knit & Crochet

- Thursday**
 - 10am Sing-a-long
 - 2pm Catholic Mass
 - 3pm Bingo

- Friday**
 - 8:45am Current Events
 - 10:45am Trivia
 - 2:30 Crafts
 - 3pm Piano in the Lobby
 - 3:30pm Super Fun Senior Fit Friday

- Saturday**
 - 10am Trivia
 - 2pm Happy Hour

- Sunday**
 - 8:45am Catholic Mass outing
 - 10:15am Chapel Services
 - 1:30pm Neighborhood Program
 - 2pm Family Festival and Games

*Many of these events would welcome volunteers.
If you have the time, we’d love to have you!*



Norwood Life Care

FOUNDATION

A NOT-FOR-PROFIT ORGANIZATION *RESHAPING AGING™* SINCE 1896

6016-20 N. NINA AVENUE • CHICAGO, IL 60631-2410

PHONE: 773-577-5390 • FAX: 773-631-4850

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OUR THANKS... *To the following businesses who have been very generous with contributions to the Norwood Life Care Foundation this year.*

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